

Private and confidential

School Health Service
0300 123 5205

September 2025

Letter reference: TLM Year 6 Parent Letter 2025-2026

Dear Parent / Carer,

The Kent School Health Team aim to give children and young people the opportunity to tell us how they feel about their health, what they want to know more about, and if they have any worries about growing up.

We offer all schools the opportunity to deliver an online health questionnaire, **The Lancaster Model (TLM)**, to children and young people in **Year 6**. By completing the questionnaire, your child will have the opportunity to be assessed for any health needs and register any worries or concerns so that we can talk to them early. This information also helps schools to ensure that their health education meets the needs of the young people in their school community. You can find more information about the online questionnaire here: [Parents and Guardians – The Lancaster Model](#)

Parents and Guardians have previously said:

“Since completing the TLM questionnaire, we have received the right support and I have seen a difference in my daughter. She is now feeling more positive and less anxious about going to school”.

The questionnaire will be delivered in school on the 20 January 2026

We will explain to each class why we are asking them to complete the questionnaire, and what will happen to this information, so that they can make a choice for themselves whether they would like to take part. No child or young person will be made to complete the questionnaire if they don't want to. Following completion of the questionnaire your child may choose or be invited to speak to a member of the School Health Team in confidence. This may result in a member of the team contacting you to offer guidance and support.

All personal information collected from this questionnaire will be treated as confidential and held securely to meet with data protection, GDPR and Information Governance requirements.

Details about the information we collect from you, what we do with it and how it may be shared can be found in the leaflet: What happens to personal information held about you? Which you can find online: www.kentcht.nhs.uk/personalinfo

If you have any concerns you wish to discuss, or would like further information, please contact the School Health team, available Monday to Friday, 8am to 6pm, via the details at the top of this letter.

Yours faithfully,
Kent School Health

Chair John Goulston Chief Executive Mairead McCormick
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