



Green Park Community Primary School

SEND



### Keeping in touch

We hope you are all well and we would like to reassure you that we are all still here to offer support. We have been and will continue to be in contact with you regularly through home learning blogs, well-being activities and with some of you, phone calls and e-mails.

If you need to contact us about any SEND concerns or questions, please e-mail: [maria.harrison@greenpark.kent.sch.uk](mailto:maria.harrison@greenpark.kent.sch.uk)

### Learning at home

Work is being set every Monday, Wednesday and Friday (term time only). The tasks cover all areas of the curriculum for each year group. It is a good idea to have a look at all of activities, there may be work that your child will prefer to complete from another year group. If anyone is having difficulties accessing any of the work, or if you have any questions, please e-mail someone from school.

### Social stories

Understanding what is happening will be difficult for some children with additional needs. Social stories are a good way to help them process the change. They will help explain, in a child friendly way, about the problems and how we can overcome them. Social stories help us to use simple and consistent language. There will be some examples that you can use in the SEN folder on the school website. Please look through them before you read them to your child, they can be edited to suit individual needs.

## 5 top tips

1. Routine will be very important during the shutdown
2. Agree a routine with your child, that is realistic and easy for them to follow
3. Don't overthink home learning. If a bit of work is too difficult, leave it and speak to somebody from school about it.
4. Remember, your reassurance will be important to your child
5. Take time to relax and have fun with your children!

## Well-being ideas

Whilst the school is shut, we will share useful well-being activities for both you and your child, for example:

1. Draw a jar on a piece of paper and write/ draw all of the things that you appreciate
2. Set up a treasure hunt! Hide things for each other.

## Useful websites

<https://speechandlanguage.info/parents>

<https://ican.org.uk/i-cans-talking-point/>

<https://youngminds.org.uk/find-help/for-parents/>

<https://chatterpack.net/blogs/blog/resources-list-for-home-learning>

<https://www.bdadyslexia.org.uk/>

<https://dyspraxiafoundation.org.uk/>

<https://www.twinkl.co.uk/resources/specialeducationalneeds-sen>

<https://cerebra.org.uk/get-advice-support/sleep-advice-service/>

<https://www.mentalhealth.org.uk/>

<https://youngminds.org.uk/>

## How are you feeling today?

Feelings cards are a good tool to use when your child is unable to say how they are feeling. Have a look at the examples below, if your child finds it challenging to express how they are feeling at more difficult times try using some of the cards. Make sure you only use pictures of the emotions that your child understands, they might not recognise all of these.



**HAPPY**



**SAD**



**ANGRY**



**HUNGRY**



**EMBARRASSED**



**SLEEPY**



**UNSURE**



**SICK**



**PROUD**



**LONELY**



**JEALOUS**



**SURPRISED**



**ANNOYED**



**SHY**



**SCARED**



**BORED**



**NERVOUS**



**EXCITED**



**GUILTY**



**SILLY**

