

Course title: Stepping Up into Primary Virtual session through Zoom	
<b>Course duration:</b>  2 hr workshop	<b>Learner group:</b>  Mother, fathers and carers of children.
<b>This course is designed to:</b> Enable mothers, fathers and carers reflect on their own feelings about their child starting primary school, what to expect and how to best prepare and support their child in the transition.  Parenting courses are not interventions and the tutor will not tell parents “how it’s done”, rather they are discussion-based with time to share experiences, ideas, concerns and possible solutions.	
<b>Content will include all/some of the following:</b> <ul style="list-style-type: none"> <li>• The opportunity to reflect on how learners feel about their child starting primary school.</li> <li>• A discussion on what changes to expect in the child and how to best support them.</li> <li>• Sharing ideas for preparing their child to start school with an emphasis on developing social and emotional skills.</li> <li>• Considering possible issues and how to deal with them.</li> </ul>	
<b>What learners will need to bring to the session:</b>  Laptop, tablet or Smart phone with the Zoom app installed. There is no subscription required. Pen and paper.	
<b>Other requirements:</b>  <b>Group size: max 8 adults, no children.</b>  The learners will be contacted prior to the session to complete an enrolment form over the phone, and to receive instructions about the link to enter the online session	<b>Progression:</b>  FEML (Family English, Maths and Language) courses.  Longer Parenting Course