

Course title: Managing Children's Behaviour – Virtual Course through Zoom	
Course duration: 8 hours 2 hours x 4 weeks	Learner group: Mother, fathers and carers of children.
<p>This course is designed to discuss a positive approach to discipline and look at various techniques to manage behaviour effectively, lovingly and positively.</p> <p>Parenting courses are not interventions and the tutor will not tell parents “how it’s done”, rather they are discussion-based with time to share experiences, ideas, concerns and possible solutions.</p>	
<p>Content will include all/some of the following:</p> <p>Tutors will facilitate and encourage discussion in a secure environment, the expectations and concerns of the learners will be used to inform the planning and content of the course to meet learners' needs.</p> <ul style="list-style-type: none"> • The opportunity for learners to reflect on their approach to parenting and how this affects the child. • How to set effective and appropriate boundaries. • Understanding behaviour cycles and how to start positive behaviour cycles • How to use praise and rewards as a way of managing behaviour. • What are languages of love and how to demonstrate affection to own children. • Discussion on positive communication skills and how to practise them. 	
<p>What learners will need to bring to the session:</p> <p>Laptop, tablet or Smart phone with the Zoom app installed. There is no subscription required. Pen and paper.</p>	
Other requirements: Group size: max 8 adults, no children. The learners will be contacted prior to the session to complete an enrolment form over the phone, and to receive instructions about the link to enter the online session.	Progression: FEML (Family English, Maths and Language) courses. There may be the opportunity to progress onto an accredited course such as: <ul style="list-style-type: none"> - Childcare - Parents to be and Parenting Please ask the Partnership Manager or Curriculum Leader for details.