

Course title: First Aid for Families (WFL) Virtual Course through Zoom

Course duration:

6 hours

2 hours x 3 weeks

Or one off sessions available

Learner group:

This course is for mothers and fathers (carers) with participating children aged 6+ years. Adults can only attend with a child, will participate fully in the activity and supervise their children throughout.

Group size not to exceed 24, with no more than 2 children per adult. Contact Partnership Manager/Curriculum Leader if group exceeds specified sizes.

This course is designed to:

- Equip families to be able to manage an incident in which people are ill or have been injured and take care of them until medical help is available.
- Support interaction, provide quality time for families to have fun and learn together, strengthen relationships, build confidence and extend communication.

Content will include all/some of the following:

- The emergency procedure and making an emergency phone call
- Placing a casualty into the recovery position
- Using the primary survey
- Recognise and treat choking
- Treat and monitor bleeding, minor bruising and burns
- Practise cardiopulmonary resuscitation (CPR)

What learners will need to bring to the session:

Laptop, tablet or Smart phone with the Zoom app installed. There is no subscription required.

Please wear loose clothing.

Other requirements:

Group Size: max 8 families

The learners will be contacted prior to the session to complete an enrolment form over the phone, and to receive instructions about the link to enter the online session

Progression:

Accredited Emergency First Aid course.

Courses that run at Kent Adult Education centres and other educational establishments.

