

# Supporting pupils with medical conditions Policy

**Updated: September 2023** 

**Next Review: September 2024** 

This policy is written in line with the requirements of: -

Children and Families Act 2014 - section 100

Supporting pupils at school with medical conditions: statutory guidance for governing bodies of maintained schools and proprietors of academies in England, DfE Sept 2014

0-25 SEND Code of Practice, DfE 2014

Mental Health and behaviour in schools: departmental advice for school staff, DfE June 2014 Equalities Act 2010

Schools Admissions Code, DfE 1 Feb 2010

#### DfE guidance

Governing bodies should ensure that all schools develop a policy for supporting pupils with medical conditions that is reviewed regularly and is readily accessible to parents and school staff. Governing bodies should ensure that the arrangements they set up include details on how the school's policy will be implemented effectively, including a named person who has overall responsibility for policy implementation.

Details should include:

- who is responsible for ensuring that sufficient staff are suitably trained,
- a commitment that all relevant staff will be made aware of the child's condition,
- cover arrangements in case of staff absence or staff turnover to ensure someone is always available.
- briefing for supply teachers,
- risk assessments for school visits, holidays, and other school activities outside of the normal timetable.
- Monitoring of individual healthcare plans.

### This school is an inclusive community that supports and welcomes pupils with medical conditions.

- This school is welcoming and supportive of pupils with medical conditions. It provides children with medical conditions with the same opportunities and access to activities (both school based and out of-school) as other pupils.
- This school will listen to the views of pupils and parents/carers/
- Pupils and parents/carers feel confident in the care they receive from this school and the level of that care meets their needs.
- Staff understand the medical conditions of pupils at this school and that they may be serious, adversely affect a child's quality of life and impact on their ability and confidence
- All staff understand their duty of care to children and young people and know what to
  do in the event of an emergency. Other key staff such as first aiders and specific key
  workers will have further training.
- The whole school & local health community understand and support the medical conditions policy.
- This school understands that all children with the same medical condition will not have the same needs, our school will focus on the needs of each individual child.
- The school recognises its duties as detailed in Section 100 of the Children and Families Act 2014. (Other related legislation is referenced in DfE guidance p21). Some children with medical conditions may be considered to be disabled under the definition set out in the Equality Act 2010. Where this is the case, this school complies with their duties under that Act. Some may also have special educational needs (SEN) and may have a statement, or Education, Health and Care (EHC) plan which brings together health and social care needs, as well as their special educational provision. For children with SEN, this policy should be read in conjunction with the Special educational needs and disability (SEND) code of practice.

### All staff understand and are trained in what to do in an emergency for children with medical conditions at this school.

- All school staff, including temporary or supply staff, are aware of the medical conditions at this school and understand their duty of care to pupils in an emergency.
- All staff receive training in what to do in an emergency and this is refreshed regularly. However not all staff are first aid trained
- All children with medical conditions that are complex, long-term or where there is a high risk that emergency intervention will be required at this school have an individual healthcare plan which explains what help they need in an emergency. The IHP will accompany a pupil should they need to attend hospital. Parental and school

- management permission will be sought and recorded in the IHP for its use, and school will always share an Individual Health Care Plan as necessary within emergency care settings.
- This school makes sure that all staff providing support to a pupil have received suitable training and ongoing support to ensure that they have confidence to provide the necessary support and that they fulfil the requirements set out in the pupil's IHP. This should be provided by the specialist nurse/school nurse/other suitably qualified healthcare professional (as available) and/or parent/carer.
- The specialist nurse/school nurse/other suitably qualified healthcare professional will
  confirm their competence and this school keeps an up-to-date record of all training
  undertaken and by whom.

All staff understand and are trained in the school's general emergency procedures. This does not imply medical training, knowledge or willingness, merely competency to fulfil a duty of care.

- All staff, including temporary or supply staff should be aware of the content of this
  policy, know what action to take in an emergency and receive updates at least yearly.
  School nurses will provide regular training for common conditions e.g., asthma,
  allergies, as needed.
- If a pupil needs to attend hospital, a member of staff (preferably known to the pupil) will stay with them until a parent/carer arrives, or accompany a child taken to hospital by ambulance. They will not take pupils to hospital in their own car.

#### <u>Definitions of medical Conditions</u>

Pupils' medical needs may be broadly summarised as being of two types: -

Short-term affecting their participation at school because they are on a course of medication

Long-term potentially limiting access to education and requiring on-going support, medicines or care while at school to help them to manage their condition and keep them well, including monitoring and intervention in emergency circumstances. It is important that parents feel confident that the school will provide effective support for their child's medical condition and that pupils feel safe.

Some children with medical conditions may be considered disabled. Where this is the case governing bodies must comply with their duties under the Equality Act 2010. Some may also have special educational needs (SEN) and may have a statement or Education, Health and Care Plan (EHCP). Where this is the case, this policy should be read in conjunction with the 0-25 SEND Code of Practice and the school's SEND policy / SEN Information Report and the individual healthcare plan will become part of the EHCP.

### <u>This school has clear guidance on providing care and support and administering medication at school.</u>

- This school understands the importance of medication being taken and care received as detailed in the pupil's IHP.
- Medication will only be administered when it would be detrimental to a child's health or school attendance not to do so, and by a member of staff willing to do so.
- This school will make sure that there are sufficient members of staff who have been trained to administer the medication and meet the care needs of an individual child. This school will ensure that there are sufficient numbers of staff trained to cover any absences, staff turnover and other contingencies. This school's governing body has made sure that there is the appropriate level of insurance and liability cover in place.
- This school will not give medication (prescription only) to any child without a parent's
  written consent except in exceptional circumstances, and every effort will be made to
  encourage the pupil to involve their parent/carer, while respecting their confidentiality.
  If possible, parents will be encouraged to administer medication doses outside of school
  sessions if this is medically permissible / possible.
- When administering appropriate prescribed medication, this school will check the maximum dosage and when the previous dose was given. Parents/carers will be informed.
- This school will make sure that a trained member of staff is available to accompany a
  pupil with a medical condition on an off-site visit, subject to an appropriate risk
  assessment including overnight stays.
- Parents/carers/carers at this school understand that they should let the school know immediately if their child's needs change. Parents have a responsibility to keep any children's prescription medication, e.g., inhalers and epipens.
- If a pupil misuses their medication, or anyone else's, their parent/carer is informed as soon as possible, and the school's disciplinary procedures are followed.

#### This school has clear guidance on the storage of medication and equipment at school.

- This school makes sure that all staff understand what constitutes an emergency for an
  individual child and makes sure that emergency medication/equipment, e.g. asthma
  inhalers, epi-pens etc. are readily available wherever the child is in the school and on
  off-site activities, and are not locked away.
- Pupils may carry their own medication/equipment, or they should know exactly where
  to access it. Those pupils deemed competent to carry their own medication/equipment
  with them will be identified and recorded through the pupil's IHP in agreement with
  parents/carers.
- Pupils can carry controlled drugs if they are deemed competent to do so, otherwise this
  school will store controlled drugs securely in a non-portable container, with only named
  staff having access. Staff at this school can administer a controlled drug to a pupil once
  they have had specialist training.

- This school will make sure that all medication is stored safely, and that pupils with medical conditions know where they are at all times and have access to them immediately.
- This school will only accept medication that is in date (unless otherwise instructed by a
  medical professional, e.g. epipens), labelled and in its original container including
  prescribing instructions for administration. The exception to this is insulin, if relevant,
  which though must still be in date, will generally be supplied in an insulin injector pen or
  a pump.
- Parents/carers are asked to collect all medications/equipment at the end of the use, and to provide new and in-date medication as necessary.
- This school disposes of needles and other sharps in line with local policies when relevant. Sharps boxes are kept securely at school and will accompany a child on off-site visits. They are collected and disposed of in line with local authority procedures.

### This school has clear guidance about record keeping.

- As part of the school's admissions process and annual data collection exercise parents/carers are asked if their child has any medical conditions. These procedures also cover transitional arrangements between schools.
- This school uses an IHP to record the support an individual pupil needs around their medical condition. The IHP is developed with the pupil (where appropriate), parent/carer, designated named member of school staff, SLT, specialist / school nurse (where appropriate) and relevant healthcare services. Where a child has SEN but does not have a statement or EHC plan, their special educational needs are mentioned in their IHP.
- IHPs are regularly reviewed, at least every year or whenever the pupil's needs change, with the school nurse taking a lead role alongside parents and relevant school staff (as above).
- The pupil (where appropriate) parents/carers, specialist nurse (where appropriate) and relevant healthcare services hold a copy of the IHP. School staff involved in supporting the child may also hold and / or have access to the IHP for the pupils in their care. These are treated as CONFIDENTIAL level documents.
- This school makes sure that the pupil's confidentiality is protected.
- This school will only share medical information with any other party on a strict need basis, e.g. Emergency Services.
- This school keeps an accurate record of all medication administered, including the dose, time, date and supervising staff.

# This school ensures that the whole school environment is inclusive to pupils with medical conditions. This includes the physical environment, as well as social, sporting and educational activities.

- This school is committed to providing a physical environment accessible to pupils with medical conditions and pupils are consulted to ensure this accessibility. This school is also committed to an accessible physical environment for out-of-school activities.
- This school makes sure the needs of pupils with medical conditions are adequately considered to ensure their involvement in structured and unstructured activities, extended school activities and residential visits.
- All staff are aware of the potential social problems that pupils with medical conditions
  may experience and use this knowledge, alongside the school's Behaviour and Bullying
  policies, to help prevent and deal with any problems. They use opportunities such as
  PSHE, circle time and science lessons to raise awareness of medical conditions to help
  promote a positive environment.
- This school understands the importance of all pupils taking part in off site visits and
  physical activity and that all relevant staff make reasonable and appropriate
  adjustments to such activities in order they are accessible to all pupils. This includes outof-school clubs and team sports. Risk assessments will be conducted as part of the
  planning process to take account of any additional controls required for individual pupil
  needs.
- This school understands that all relevant staff are aware that pupils should not be forced
  to take part in activities if they are unwell. They should also be aware of pupils who have
  been advised to avoid/take special precautions during activity, and the potential triggers
  for a pupil's medical condition when exercising and how to minimise these.

### This school makes sure that pupils have the appropriate medication/equipment/food with them during physical activity and offsite visits.

- This school makes sure that pupils with medical conditions can participate fully in all
  aspects of the curriculum and enjoy the same opportunities at school as any other child,
  and that appropriate adjustments and extra support are provided.
- All school staff understand that frequent absences, or symptoms, such as limited concentration and frequent tiredness, may be due to a pupil's medical condition.
- This school will not penalise pupils for their attendance if their absences relate to their medical condition.
- This school will refer pupils with medical conditions who are finding it difficult to keep up educationally to the SENCO who will liaise with the pupil (where appropriate), parent/carer and the pupil's healthcare professional.
- Pupils at this school learn what to do in an emergency.
- This school makes sure that a risk assessment is carried out before any out-of-school
  visit, including work experience and educational placements. The needs of pupils with
  medical conditions are considered during this process and plans are put in place for any
  additional medication, equipment or support that may be required.

## This school is aware of the common triggers that can make common medical conditions worse or can bring on an emergency. The school is actively working towards reducing or eliminating these health and safety risks.

- This school is committed to identifying and reducing triggers both at school and on outof-school visits.
- School staff have been given training and written information on medical conditions which includes avoiding/reducing exposure to common triggers as relevant to children currently in attendance.
- The IHP details an individual pupil's triggers and details how to make sure the pupil remains safe throughout the whole school day and on out-of-school activities. Risk assessments are carried out on all out-of-school activities, taking into account the needs of pupils with medical needs.
- This school reviews all medical emergencies and incidents to see how they could have been avoided, and changes school policy according to these reviews.

### <u>Each member of the school and health community knows their roles and responsibilities in</u> <u>maintaining and implementing an effective medical conditions policy.</u>

 This school works in partnership with all relevant parties including the pupil (where appropriate), parent/carer, school's governing body, all school staff, employers and healthcare professionals to ensure that the policy is planned, implemented and maintained successfully.

### <u>The medical conditions policy is regularly reviewed, evaluated and updated. Updates are</u> produced every year.

 In evaluating the policy, this school seeks feedback from key stakeholders including pupils, parents/carers, school nurses, specialist nurses and other relevant healthcare professionals, school staff, local emergency care services and governors. The views of pupils with medical conditions are central to the evaluation process. Should parents and pupils be dissatisfied with the support provided they should discuss these concerns with the Head Teacher.

#### Staff training and support

Staff are supported in carrying out their role to support pupils with medical conditions through appropriate training. Training needs are assessed regularly. Any member of school staff providing support to a pupil with medical needs will have received suitable training.

No member of staff will give prescription medicines or undertake healthcare procedures without appropriate training or instruction (updated to reflect requirements within individual healthcare plans).

#### The child's role in managing their own medical needs

Where children are deemed competent to manage their own health needs and medicines by their parents and medical professional, they will be supported to do this. We see this as an important step towards preparing pupils for the next stage of their education.

#### Roles and responsibilities

Governing bodies – must make arrangements to support pupils with medical conditions in school, including making sure that a policy for supporting pupils with medical conditions in school is developed and implemented. They should ensure that pupils with medical conditions are supported to enable the fullest participation possible in all aspects of school life. Governing bodies should ensure that sufficient staff have received suitable training and are competent before they take on responsibility to support children with medical conditions. They should also ensure that any members of school staff who provide support to pupils with medical conditions are able to access information and other teaching support materials as needed. Head teacher – should ensure that their school's policy is developed and effectively implemented with partners. This includes ensuring that all staff are aware of the policy for supporting pupils with medical conditions and understand their role in its implementation. Head teachers should ensure that all staff who need to know are aware of the child's condition. They should also ensure that sufficient trained numbers of staff are available to implement the policy and deliver against all individual healthcare plans, including in contingency and emergency situations. Head teachers have overall responsibility for the development of individual healthcare plans. They should also make sure that school staff are appropriately insured and are aware that they are insured to support pupils in this way. They should contact the school nursing service in the case of any child who has a medical condition that may require support at school, but who has not yet been brought to the attention of the school nurse.

School staff – any member of school staff may be asked to provide support to pupils with medical conditions, including the administering of medicines, although they cannot be required to do so. Although administering medicines is not part of teachers' professional duties, they should take into account the needs of pupils with medical conditions that they teach. School staff should receive sufficient and suitable training and achieve the necessary level of competency before they take on responsibility to support children with medical conditions. Any member of school staff should know what to do and respond accordingly when they become aware that a pupil with a medical condition needs help.

School nurse — every school has access to school nursing services. They are responsible for notifying the school when a child has been identified as having a medical condition which will require support in school. Wherever possible, they will do this before the child starts at the school. They would not usually have an extensive role in ensuring that schools are taking appropriate steps to support children with medical conditions but may support staff on implementing a child's individual healthcare plan and provide advice and liaison, for example on training. School nurses can liaise with lead clinicians locally on appropriate support for the child and associated staff training needs - for example, there are good models of local specialist nursing teams offering training to local school staff, hosted by a local school. Community nursing teams will also be a valuable potential resource for a school seeking advice and support in relation to children with a medical condition.

Other healthcare professionals - including GPs, pediatricians, and nurse specialists/community pediatric nurses — should notify the school nurse and work jointly when a child has been identified as having a medical condition that will require support at school. They may provide advice on developing healthcare plans. Anyone dealing with the medical care of a pupil in school should contact the named school nurse for that school to ensure a coordinated approach.

Pupils – with medical conditions will often be best placed to provide information about how their condition affects them. They should be fully involved in discussions about their medical support needs and contribute as much as possible to the development of, and comply with, their individual healthcare plan. Other pupils will often be sensitive to the needs of those with medical conditions.

Parents/carers – should provide the school with sufficient and up-to-date information about their child's medical needs. They may in some cases be the first to notify the school that their child has a medical condition. Parents/carers are key partners and should be involved in the development and review of their child's individual healthcare plan and may be involved in its drafting. They should carry out any action they have agreed to as part of its implementation, e.g. provide medicines and equipment and ensure they or another nominated adult are contactable at all times.

To be agreed by staff and governing body

**Reviewed: September 2022** 

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### Appendix 1

### Model process for developing individual healthcare plans

Parent or healthcare professional informs school that child has been newly diagnosed, or is due to attend new school, or is due to return to school after a long-term absence, or that needs have changed Headteacher or senior member of school staff to whom this has been delegated, co-ordinates meeting to discuss child's medical support needs; and identifies member of school staff who will provide support to pupil Meeting to discuss and agree on need for IHCP to include key school staff, child, parent, relevant healthcare professional and other medical/health clinician as appropriate (or to consider written evidence provided by them) Develop IHCP in partnership - agree who leads on writing it. Input from healthcare professional must be provided School staff training needs identified Healthcare professional commissions/delivers training and staff signed-off as competent – review date agreed IHCP implemented and circulated to all relevant staff IHCP reviewed annually or when condition changes. Parent or healthcare professional to initiate