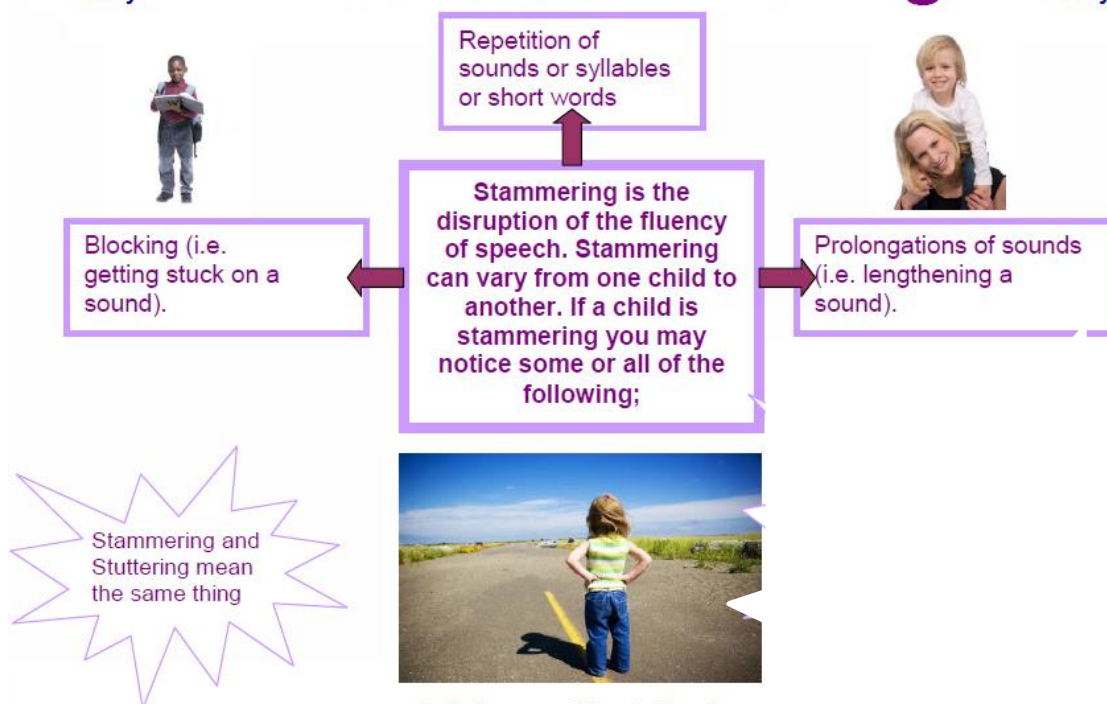


Get help early!

What is Stammering?

Get help early!



Things that help

- Pause for one second before responding to the child. (This will slow things down and give the child time for thought).
- Talk more slowly. (You will be showing your child how to speak slowly, and he will gradually learn this by copying you).
- Use shorter, simpler sentences. Avoid asking too many questions.
- Talk about things that your child wants to talk about. Listen to what your child says rather than how he or she says it.
- Try to spend between 5-10 minutes talking to your child every day. This should be an opportunity to talk with him or her at a time when no-one else needs attention.
- If your child is stammering a lot, you may want to choose an activity that requires less speaking. e.g. Playing a game or reading a story to your child

